### JOLIET JEWISH CONGREGATION *The Jewish Bulletin* Jenny Steinberg-Martinez

Jan Stone President



Rabbi

Charles Rubovits Rabbi Emeritus

August 1, 2023

#### Candle Lighting Times

August 4, 2023.....7:48*pm* August 11, 2023.....7:39*pm* August 18, 2023.....7:29*pm* 

#### Friday Evening Services

#### No Shabbat Services Scheduled in August

#### Shabbat Morning Services - 9:30am

August 5, 2023 Torah portion of the week.....E'kev Deuteronomy 7:12-11:25 Haftorah portion of the week.....Isaiah 49:14-51:3

August 12, 2023 Torah portion of the week.....Re'eh Deuteronomy 11:26-16:17 Haftorah portion of the week.....Isaiah 54:11-55:5

#### Join us for Shabbat Services Friday night & Saturday morning

#### Live Stream via our website: jolietjewishcongregation.com

#### Contacts

| Main Phone     | (815) 741-4600               |
|----------------|------------------------------|
| Email          | jolietjewish1@gmail.com      |
| Fax            |                              |
| Websitewww.jo  | lietjewishcongregation.com   |
| Our address250 | N. Midland, Joliet, IL 60435 |
|                |                              |

WHAT TO DO WITH SEVEN WEEKS?

By

Rabbi Jenny Steinberg-Martinez, JD CHT

"Let the walls come down." -Rabbi Alan Lew

There are times in our lives when tragedy can be avoided and other times when we are powerless over change. Often, we resist change and hope that things will stay the same to no avail. How can we keep our center in a state of radical change when it feels like all the walls are coming down around us? Once again, our Jewish tradition provides a comforting and safe space for such moments.

Last week marked the honoring of our day of mourning, Tish B'Av. the ninth day of Av commemorates the destruction of the first Temple in 586 BCE by the Babylonians and the second Temple in 70 CE by the Romans. On this day we fast and begin a sevenweek deconstruction of our own year until Rosh Hashanah. These days are referred to as the "days of awe" and may bring with them a heaviness of the heart. What will we do with these seven weeks? Will we remain frozen in awe of the speed of change in our life, or will we let these days shake us into a journey of personal growth and expansion?

Rabbi Alan Lew wrote a book about this time, entitled "This is Real and You are Completely Unprepared: The Days of Awe as a Journey of Transformation." In his book, Rabbi Lew urges us to *not* fight this period and to welcome it as a time to embrace suffering. By encouraging us to "let the walls come down," Rabbi Lew provides a space for us to grow through suffering into more of what God would have us be.

Rabbi Josh Feigleson, expands on this concept of stepping into suffering by reminding us to allow things to come up during this time and when they do,

14 Av 5783

one by one, "Let them come. Let the walls break. Don't fight it. Get clear. Because from clarity you can begin a journey — a journey of rediscovery, a journey of renewal."

So again, I pose the following questions: What will we do with these seven weeks? Will we remain frozen in awe of the speed of change in our life, or will we let these days shake us into a journey of personal growth and expansion?

I suggest the journey. This is a journey we can do together as a community. We don't have to wait for the services on Yom Kippur to face the way our life this past year changed or fell short. We don't have to bang our chest in a state of aloneness. We can allow ourselves to be vulnerable and expose our hearts to each other through prayer and fellowship. As we walk forward into the High Holiday season we will *not* be reaching to the past for broken structures, but we will be looking forward to what we can build anew.



Please join us in celebrating the Bar Mitzvah of Cole Gaither on Saturday, August 5 at 9:30 AM.

#### AUGUST BIRTHDAYS & ANNIVERSARIES



#### <u>Happy Birthday to:</u>

- 8/3 Jon Marshall
- 8/4 Cole Gaither
- 8/5 Caleb Stone
- 8/6 Dr. Matthew Kaplan
- 8/13 Roselyn Horwitz
- 8/13 Nancy Malmfeldt
- 8/14 Colleen Reiner
- 8/15 Scott Stewart
- 8/22 Alyssa Link
- 8/25 Harry Hillman
- 8/29 Isabella Pagano
- 8/30 Michael English



#### Happy Anniversary to:

- 8/2 Rabbi Jenny & Hector Martinez
- 8/3 Michael & Judy Block
- 8/9 Dr. Ellen & Michael Zakos
- 8/9 Jessica Tobacman & Terry Bradley
- 8/10 Daniel & Kimberly Floss
- 8/12 Jeremy & Judy Link
- 8/14 Michael & Robin English
- 8/14 Dr. Kevin & Debra Gordon
- 8/23 Dr. Bernard & Sandra Kliska

## HADASSAH BOOK CLUB

The Hadassah Book Club meeting will be rescheduled. We will be discussing <u>The Rose Code</u> by Kate Quinn. It is available at the library, and as an ebook.



Lunch & Learn with Rabbi Rubovits on Tuesdays from 11:00 AM-Noon **on Zoom.** 



Come join us on Wednesday afternoons at 1:00 PM to play Mah Jongg. All are welcome!

#### BOWLED OVER BY A SUCCESSFUL SOCIAL EVENT

On Sunday, July 30 fourteen Joliet Jewish Congregation families were represented at Bowlero in Romeoville for a fun and free early afternoon of bowling and snacks. Bowlero offered passes to Rabbi Jenny who was instrumental in coordinating this event with our Social Committee. Four children who came with their families and were old enough to bowl, bowled in their own "bumper-equipped" lane. JJC provided snacks and soda. All in attendance had an enjoyable afternoon.

Thanks to the following families and individuals for being part of this event:

Wendy Berman, Stephanie and Daniel Bradley and Raymond and Maya, Amy and Matthew Cohen, Lindsay Eller and Seth Stockl, Debbie and Kevin Gordon, Matt and Kelly Kaplan and Ruby and Ian, Jeanne and Fred Lewin, Rabbi Jenny and Hector Martinez, Becky and Bella Pagano, Toby Rohowsky, Jan and Marty Stone, Kathleen and William Szwed, Cantor Jessica Tobacman and Terry Bradley and Oliver, and Linda and Gary Trager.



#### SCRIP PROGRAM

A new order form is included in the newsletter. Order forms due in the office by Tuesday, August 15th. Thank you to all who participate in this program.



#### ONGOING FUNDRAISERS

Joliet Jewish Congregation collects inkjet cartridges & cell phones to recycle. Please drop them off at the office. We also have a newspaper recycling container at the Campbell St. entrance.



#### HELP THE JOLIET NOON LIONS

Please bring in pop top tabs, old keys, used glasses & hearing aids, and cell phones and leave in the office. Help the Lions help those in need.

#### Yahrzeits

| (Week of July 30-Aug<br>Mark Turk | ly 30-August 5)<br>17 Av August 4 |           |  |  |  |  |  |
|-----------------------------------|-----------------------------------|-----------|--|--|--|--|--|
|                                   | 17 / 10                           | /lugust 1 |  |  |  |  |  |
| (Week of August 6-12              | Week of August 6-12)              |           |  |  |  |  |  |
| Jim Hillman                       | 19 Av                             | August 6  |  |  |  |  |  |
| Harriet Barnett                   | 24 Av                             | August 11 |  |  |  |  |  |
| Dr. Gary Trager                   | 24 Av                             | August 11 |  |  |  |  |  |
| (Week of August 13-19)            |                                   |           |  |  |  |  |  |
| Earl Starkman                     | 28 Av                             | August 15 |  |  |  |  |  |
| Kay Resis                         | 30 Av                             | August 17 |  |  |  |  |  |
| Belle Ann Cohen                   | 1 Elul                            | August 18 |  |  |  |  |  |

The Yahrzeit light is lit on the evening before the date noted above.

Yahrzeit lights will be lit on our Memorial Tablets in memory of:

<u>Week of July 30-August 5:</u> Moe Goldstein, Jacob Witkin, Toby c. Balch, Anna Wollak, Kalman Shannon, J. Julius Turk, Eleanor H. Cohen, Mrs. Jennie Sohn

<u>Week of August 6-12:</u> Dr. Joseph H. Rubnitz, Abraham Sanders, Mrs. Rebecca Berman, Michael Freeman, Ralph Ordman, Albert W. Baskin, Charles Hanna Balch, Joseph Pollack, Henry S. Borkon, Mrs. Sarah D. Borkon, Mrs. Sylvia Bernstein, Alex Blum

<u>Week of August 13-19:</u> Albert Taub, Mrs. Pearl Sklut, Oscar Starkman, Emilia Dahab, Mrs. Jeannette Frank, Leonard Minkus, Morris A. Felman, Sam Resis, Alfred H. Moss, Mrs. Ida Brintz

#### Hattie & Harry Brown Funds

**Recovery** 

None

<u>Happy Day</u>

• None

#### <u>Memorial</u>

In Memory of Mrs. Diane Kaiman

• Mr. & Mrs. Mark Turk

OPEN HOUSE Joliet Jewish Congregation SUNDAY August 20, 2023-11 am - 1 pm 250 N. Midland Avenue; Joliet Meet Rabbi Jenny & Cantor Jessica Visit our Judaica Gift Shop Tour the Synagogue www.jolietjewishcongregation.com





**MOBILE FOOD PANTRY** 

## 8/30/23

## Joliet Jewish Congregation 250 N. Midland Ave. Joliet 4:30pm- 6:00pm



The Catholic Charities. Diocese of Joliet Mobile Food Pantry delivers healthy food (meat, produce, and non perishable items) to people in need. No identification or information will be required or collected. This event is open to anyone in-need of food!

Mobile Food Pantries use a "drive thru" method to distribute food during the COVID-19 pandemic. Please clear space in your trunk or backseat so volunteers can load boxes of food directly into your vehicle.

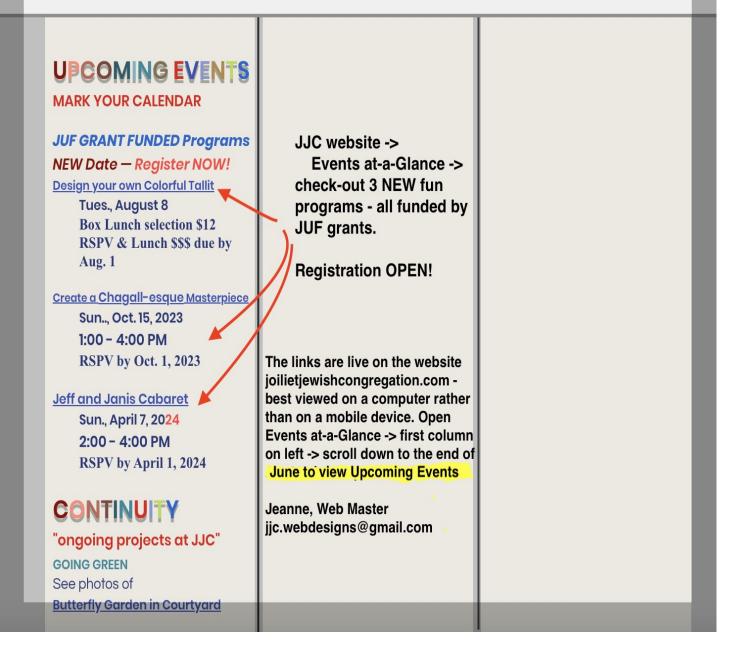
Catholic Charities helps people of all faiths and beliefs. Mobile Food Pantries take place rain or shine!

CATHOLIC CHARITIES IS A FAITH-BASED ORGANIZATION PROVIDING SERVICE TO PEOPLE IN NEED AND CALLING OTHERS OF GOOD WILL TO DO THE SAME.













# August 2023 Av-Elul 5783

| Mon | Tue   | Wed  | Thu  | Fri   | Sat  |
|-----|---|--|--|---|--|
|     | 1<br>Lunch & Learn<br>11:00 AM (Zoom)                               | 2<br>Mah Jongg<br>1:00 PM  | 3  | 4<br>No Shabbat<br>Services<br>Scheduled  | 5<br>Shabbat Services<br>9:30 AM   |
| 7   | 8<br>Tallit Program<br>11:00 AM<br>Lunch & Learn<br>11:00 AM (Zoom) | 9<br>Mah Jongg<br>1:00 PM  | 10   | 11<br>No Shabbat<br>Services<br>Scheduled   | 12<br>Shabbat Services<br>9:30 AM  |
| 14  | 15<br>Lunch & Learn<br>11:00 AM (Zoom)<br>Board Meeting<br>7:00 PM  | 16<br>Mah Jongg<br>1:00 PM   | 17   | 18<br>No Shabbat<br>Services<br>Scheduled   | 19<br>Shabbat Services<br>9:30 AM  |
| 21  | 22<br>Lunch & Learn<br>11:00 AM (Zoom)                              | 23<br>Mah Jongg<br>1:00 PM   | 24   | 25<br>No Shabbat<br>Services<br>Scheduled   | 26<br>Shabbat Services<br>9:30 AM  |
| 28  | 29<br>Lunch & Learn<br>11:00 AM (Zoom)                              | 30<br>Mah Jongg<br>1:00 PM   | 31   |   |  |
|     | 7 14 21   | 1<br>Lunch & Learn<br>11:00 AM (Zoom)78<br>Tallit Program<br>11:00 AM<br>Lunch & Learn<br>11:00 AM (Zoom)1415<br>Lunch & Learn<br>11:00 AM (Zoom)1415<br>Lunch & Learn<br>11:00 AM (Zoom)2122<br>Lunch & Learn<br>11:00 AM (Zoom)2122<br>Lunch & Learn<br>11:00 AM (Zoom)2829<br>Lunch & Learn | 1<br>Lunch & Learn<br>11:00 AM (Zoom)2<br>Mah Jongg<br>1:00 PM78<br>Tallit Program<br>11:00 AM<br>11:00 AM<br>Lunch & Learn<br>11:00 AM (Zoom)9<br>Mah Jongg<br>1:00 PM1415<br>Lunch & Learn<br>11:00 AM (Zoom)16<br>Mah Jongg<br>1:00 PM1415<br>Lunch & Learn<br>11:00 AM (Zoom)16<br>Mah Jongg<br>1:00 PM2122<br>Lunch & Learn<br>11:00 AM (Zoom)23<br>Mah Jongg<br>1:00 PM2122<br>Lunch & Learn<br>11:00 AM (Zoom)30<br>Mah Jongg<br>1:00 PM2829<br>Lunch & Learn<br>Mah Jongg30<br>Mah Jongg | 1       Lunch & Learn       2       Mah Jongg       3         7       8       9       10       10         7       8       9       10       10         11:00 AM (Zoom)       1:00 PM       10       10         14       15       16       17         14       15       16       17         120 PM       100 PM       10       11         14       15       16       17         15       Lunch & Learn       16       17         16       11:00 AM (Zoom)       100 PM       24         21       22       23       Mah Jongg       24         21       22       23       Mah Jongg       11:00 PM         28       29       30       31 | 12<br>Lunch & Learn<br>11:00 AM (Zoom)2<br>Mah Jongg<br>1:00 PM34<br>No Shabbat<br>Services<br>Scheduled78<br>Tallit Program<br>11:00 AM<br>11:00 AM<br>Lunch & Learn<br>11:00 AM (Zoom)9<br>Mah Jongg<br>1:00 PM1011<br>No Shabbat<br>Services<br>Scheduled1415<br>Lunch & Learn<br>11:00 AM (Zoom)16<br>Mah Jongg<br>1:00 PM1718<br>No Shabbat<br>Services<br>Scheduled2122<br>Lunch & Learn<br>11:00 AM (Zoom)23<br>Mah Jongg<br>1:00 PM2425<br>No Shabbat<br>Services<br>Scheduled2122<br>Lunch & Learn<br>11:00 AM (Zoom)23<br>Mah Jongg<br>1:00 PM31 |

Joliet Jewish Congregation 250 N. Midland Avenue Joliet, IL 60435 (815) 741- 4600

Please support the following advertisers—For more information please call (815) 741-4600



Most investment firm insiders don't recommend highlighting investment performance. We're happy to lead with it. M.BROWN FINANCIAL ADVISORS

My name is Mark Brown, CFP<sup>®</sup>, AIF<sup>®</sup> (pictured lower-right). I am a long-time member of the Joliet Jewish Congregation. We invite you to visit us, or I will be happy to visit you.

Our completely independent firm provides plain-English solutions for your financial needs. Please consider stopping by our office, where **second opinion reviews** and a cup of coffee are always **free**!



2728 Forgue Drive, Suite 100, Naperville (93<sup>rd</sup> & Rt. 59 across from AMC Theaters) 630/637-8600 – mbrownltd.com mark.brown@mbrownltd.com

Financial Planning - Investment Management Insurance Solutions - Business / Group Benefits

Securities and advisory services offered through Ausdal Financial Partners, Inc., 5187 Utica Ridge Road, Davenport, IA 52807 (563) 326-2064. Member: FINRA/SIPC, M. Brown & Associates, Ltd. / M. Brown Financial Advisors and Ausdal Financial Partners are independently owned and operated.