

# JOLIET JEWISH CONGREGATION

## *The Jewish Bulletin*

**Jan Stone**  
President



**Jenny Steinberg-Martinez**  
Rabbi

Charles Rubovits  
Rabbi Emeritus

July 1, 2023

12 Tammuz 5783

### **Candle Lighting Times**

July 7, 2023.....8:10pm  
July 14, 2023.....8:07pm  
July 21, 2023.....8:02pm

### **Friday Evening Services**

July 7, 2023.....7:00pm  
July 14, 2023.....**No Shabbat Services Scheduled**  
July 21, 2023.....7:00pm

### **Shabbat Morning Services - 9:30am**

July 1, 2023  
Torah portion of the week.....Chukat Balak  
Numbers 19:1-25-9  
Haftorah portion of the week.....Micah  
5:6-6:8

July 8, 2023  
Torah portion of the week.....Pinchas  
Numbers 25:10-30:1  
Haftorah portion of the week.....Jeremiah  
1:1-2:3

### **Join us for Shabbat Services** **Friday night & Saturday morning**

**Live Stream via our website:**  
**jolietjewishcongregation.com**

#### **Contacts**

Main Phone.....(815) 741-4600  
Email.....**jolietjewish1@gmail.com**  
Fax.....(815) 741-9311  
Website.....[www.jolietjewishcongregation.com](http://www.jolietjewishcongregation.com)  
Our address.....250 N. Midland, Joliet, IL 60435

### **MIRIAM'S FINAL LESSON**

By

Rabbi Jenny Steinberg-Martinez, JD CHT

"The entire congregation of the children of Israel arrived at the desert of Zin in the first month, and the people settled in Kadesh. Miriam died there and was buried there."  
-Bamidbar 20:1

"Moses raised his hand and struck the rock with his staff twice, when an abundance of water gushed forth, and the congregation and their livestock drank."  
-Bamidbar 20:11

In the 1970's Dr. Elisabeth Kubler-Ross discovered and named the 5 stages of grief. The five stages are Denial, Anger, Bargaining, Depression, and Acceptance. Her work revolutionized the way we walk through the losses in our lives. In her wisdom, Dr. Kubler-Ross noticed the human capacity to not only deny grief and resist grief, but also to become angry at it. It is our anger that prevents true healing through authentic emotional release. By identifying and claiming this process of grief, we can have compassion for our humanity and provide space for our emotions to flow and our hearts to heal.

This week in Torah, Miriam, in her final appearance, and her brother Moses teach us the same lesson. When Miriam passes away five things happen to her people. First, they enter into denial and focus on the lack of water in their life. Second, the people then become angry at their thirst. Then, third, they bargain and complain to Moses and speak of the past with rose-colored glasses and forget the journey they have been on. Moses, using the imagery of the rock, is a perfect metaphor for a closed mind and heart that occur in the fourth stage of depression, then bangs on the rock with his rod and water appears. The people then in stage five drink from the water and find acceptance. This flow of water allows the journey to continue and

his people to heal and find faith again.

Where can we take this final lesson from Miriam into our lives? Where are we resisting some emotional truth in our hearts? Where are we staying closed and angry at the changes we are encountering? Is it time for us to let our tears flow and heal?

Those of us who have experienced great loss can understand the fear of opening the door to sadness and pain. It may even feel like we will be overwhelmed. Miriam offers a different truth. The truth she offers is healing. Miriam, the feminine of us all, reminds us that life is our garden and that our tears are the seeds that will help it grow. For new flowers, plants, and connections to love to emerge, we must water them with our truth and not run from our pain. Miriam taught us so many things. She taught us to dance. She taught us to sing. She taught us to practice tolerance. She taught us to forgive. And...Finally, she taught us to heal.

"Always be like water. Float in the times of pain or dance like waves along the wind, which touches its surface." – Santosh Kalwar

## HADASSAH BOOK CLUB

The Hadassah Book Club meeting will be re-scheduled. We will be discussing The Rose Code by Kate Quinn. It is available at the library, and as an e-book.

For those wanting to read ahead, the next selection is Park Avenue Summer by Renee Rosen.



Lunch & Learn with Rabbi Rubovits on Tuesdays from 11:00 AM-Noon **on Zoom**.



### MAH JONGG

Come join us on Wednesday afternoons at 1:00 PM to play Mah Jongg.

All are welcome!



## Yahrzeits

(Week of June 25-July 1)

<b>Rose Delrose</b>	7 Tammuz	June 26
<b>Nancy Malmfeldt</b>	7 Tammuz	June 26
<b>Harriet Barnett</b>	9 Tammuz	June 28
<b>Kimberly Floss</b>	12 Tammuz	July 1

(Week of July 2-8)

<b>Jim Kaplan</b>	19 Tammuz	July 8
<b>Earl Starkman</b>	19 Tammuz	July 8

(Week of July 9-15)

<b>Linda Trager</b>	22 Tammuz	July 11
<b>Robert Freeman</b>	23 Tammuz	July 12
<b>Nancy Freeman</b>	24 Tammuz	July 13
<b>Dr. Robert Friedman</b>	26 Tammuz	July 15

The Yahrzeit light is lit on the evening before the date noted above.

Yahrzeit lights will be lit on our Memorial Tablets in memory of:

**Week of June 25-July 1: Sidney Scholar, Arthur J. Witkin, Harry Scholar, Kate Morris, Mrs. Evelyn Lobel, Mrs. Shifrah Trackman, Mrs. Elaine Bernstein Cohen**

**Week of July 2-8: Dr. Julius C. Kamin, Harold L. Berman, Mrs. Lizzie Deutsch, Mark Gregory Berk, Sarah Starkman, Max Singer**

**Week of July 9-15: Miss Goldie Schapiro, Max Noriansky, Maurice Greenfield, Abraham R. Gray, Nathan Gordon, Sidney Bernard Friedman, Mrs. Minnie Reich, Morton Bass**

## Hattie & Harry Brown Funds

### Recovery

- None

### Happy Day

- None

### Memorial

- None

## SCRIP PROGRAM

A new order form is included in the newsletter. Order forms due in the office by

## ONGOING FUNDRAISERS

Joliet Jewish Congregation collects inkjet cartridges & cell phones to recycle. Please drop them off at the office.

We also have a newspaper recycling container at the Campbell St. entrance.

## HELP THE JOLIET NOON LIONS

Please bring in pop top tabs, old keys, used glasses & hearing aids, and cell phones and leave in the office.

Help the Lions help those in need.



# Joliet Jewish Congregation

Medley--Hinei Mah Tov... - Cantor ...



00:00 / 04:19

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## UPCOMING EVENTS

### MARK YOUR CALENDAR

#### JUF GRANT FUNDED Programs

**NEW Date — Register NOW!**

[Design your own Colorful Tallit](#)

Tues., August 8

Box Lunch selection \$12

RSPV & Lunch \$\$\$ due by

Aug. 1

[Create a Chagall-esque Masterpiece](#)

Sun., Oct. 15, 2023

1:00 - 4:00 PM

RSPV by Oct. 1, 2023

[Jeff and Janis Cabaret](#)

Sun., April 7, 2024

2:00 - 4:00 PM

RSPV by April 1, 2024

## CONTINUITY

"ongoing projects at JJC"

GOING GREEN

See photos of

[Butterfly Garden in Courtyard](#)

JJC website ->

Events at-a-Glance ->  
check-out 3 NEW fun  
programs - all funded by  
JUF grants.

Registration OPEN!

The links are live on the website  
[joilietjewishcongregation.com](http://joilietjewishcongregation.com) -  
best viewed on a computer rather  
than on a mobile device. Open  
Events at-a-Glance -> first column  
on left -> scroll down to the end of  
**June to view Upcoming Events**

Jeanne, Web Master  
[jjc.webdesigns@gmail.com](mailto:jjc.webdesigns@gmail.com)





Joliet Jewish Congregation



TOGETHER for GOOD  
Jewish United Fund

NEW DATE

Joliet Jewish Congregation is pleased to partner with JUF in serving  
our community through the  
South Suburban Mini-Grant Kehillah Program

## DESIGN YOUR OWN COLORFUL TALLIT

- WHEN: Tues. **August 8**, 2023 – 11:00 – 4:00 pm  
WHERE: JJC, 250 No. Midland Ave., Joliet, IL  
WHAT: in-person workshop to create a tallit  
WHO: Jewish community members across the  
South Suburban area. First-time attendees ONLY!  
HOW: Workshop leader Natasha Lehrer Lewis,  
Esther's Place (fiber art studio) will teach  
techniques to create a unique 100% silk  
fringed tallit. ALL SUPPLIES INCLUDED.  
BRING: (1) Apron to protect your clothing and  
(2) a small pair of sharp scissors



BOX LUNCH \$12 **due at time of registration** – Drinks Provided

**RSVP BY AUGUST 1** to [JOLIETJEWISH1@GMAIL.COM](mailto:JOLIETJEWISH1@GMAIL.COM)

# July 2023

## Tammuz-Av 5783

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Shabbat Services 9:30 AM
2	3	4	5 Mah Jongg 1:00 PM	6	7 Shabbat Services 7:00 PM	8 Shabbat Services 9:30 AM
9	10	11 Lunch & Learn 11:00 AM-Noon (Zoom)	12 Mah Jongg 1:00 PM	13	14	15 Shabbat Services 9:30 AM
16	17	18 Lunch & Learn 11:00 AM-Noon (Zoom) Board Meeting 7:00 PM	19 Mah Jongg 1:00 PM	20	21 Shabbat Services 7:00 PM	22 Shabbat Services 9:30 AM
23	24	25 Lunch & Learn 11:00 AM-Noon (Zoom)	26 Mah Jongg 1:00 PM	27	28	29 Shabbat Services 9:30 AM
30	31					

**Joliet Jewish Congregation**  
**250 N. Midland Avenue**  
**Joliet, IL 60435**  
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My name is Mark Brown, CFP®, AIF® (pictured lower-right). I am a long-time member of the Joliet Jewish Congregation. We invite you to visit us, or I will be happy to visit you.

Our completely independent firm provides plain-English solutions for your financial needs. Please consider stopping by our office, where **second opinion reviews** and a cup of coffee are always **free!**



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